

Listening and Spoken Language Activity Calendar

Better Hearing and Speech Month



This calendar is designed for children ages 3-5 who are deaf or hard of hearing and learning to listen and talk. It includes listening and spoken language activities to incorporate into the child's daily routines. Each day of the month has a suggested activity for families to try at home with their child. The activities will help children to improve articulation (speech), language (receptive and expressive), audition and literacy-based skills.

May 2019



05

Make tacos for Cinco de Mayo. Sequence the steps for the recipe (first, next, last) and work on following directions. Note 'cinco' is the Spanish word for 5.

06

Play with different musical instruments or create ones using pots and pans. Discuss differences in duration (long vs. short sounds), pitch (high vs. low sounds) and intensity (loud vs. quiet sounds).

07

Complete listening checks using the Six Sound Test (a, ee, oo, sh, s, m) at varying distances and with and without background noise.

01

Read your child's favorite nursery rhymes in honor of Mother Goose Day (look at the book while reading using the strategy "joint attention").

02

Talk about your child's hearing technology and label the different parts.

03

Take a listening walk around your neighborhood pointing out different sounds from birds, cars, airplanes, etc.

04

Play hide and seek and use your voice to call out to the seeker. Can the child localize the sound source?

08

Talk about and draw pictures of your 'speech helpers' - parts of the body that help you to talk (eyes, nose, mouth, ears/hearing technology, tongue, teeth, larynx, lungs).

09

Blow bubbles honing the oral motor exercise of blowing and incorporate early articulation targets (b, p, m) = bubbles, pop, more.

10

Act out scenarios for when hearing aid or cochlear implant batteries die. Increase self-advocacy skills by reporting to an adult.

11

Picnic in the park. Talk about what food you'll bring and what you will need; work on following auditory directions to set the table.

12

For Mother's Day, have the child pick their favorite book featuring a motherly figure and read it.

13

Read "The Very Hungry Caterpillar" (check the library) and work on sequencing. What did the caterpillar eat 1st, 2nd, 3rd, etc.? Or, read your child's favorite book and talk about the sequence - what happened 1st, 2nd, 3rd, etc.?

14

Sing the song "Shoo Fly Don't Bother Me" working on the suprasegmental aspects of speech (duration: long vs. short, pitch: high vs. low, intensity: loud vs. quiet) and point out rhyming words.

15

Create an experience book with your child. Include their name, birthday, fun facts and a description of their hearing technology.

16

Go on an outdoor insect scavenger hunt. Name them and describe them.

17

Download the app Articulation Station by Little Bee Speech. Practice your child's targeted speech sounds.

18

Join Clarke's Listening Walk at the Zoo in Philadelphia!

Continued →



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- 19** Sing the "Itsy Bitsy Spider" and act it out.
- 20** Have your child draw a self-portrait with their hearing technology and have them practice writing their name.
- 21** Practice saying different tongue twisters: She sells seashells down by the seashore.
- 22** How many words can you think of that rhyme with "May?"
- 23** Make your own song box using different toys or pictures to represent each song.
- 24** Draw with chalk outside. Talk about different colors, shapes and size concepts.
- 25** Sing the song "Baby Bumblebee" and act out the movements.
- 26** Make popcorn and talk about the way it looks, smells, sounds, tastes and feels.
- 27** Talk about Memorial Day. Show your child the American flag and discuss the pattern.
- 28** Look for flowers outside. Talk about their shapes, colors and smells.
- 29** Put a toy in a bag or hidden box, describe the toy to your child and have the child guess what it is.
- 30** Make the different parts of the ear out of Play-Doh and ask your child how their hearing technology helps them to hear. Discuss the parts of their technology.
- 31** Pick a speech sound your child is working on and point out all of the different things around your house that start with the sound.

